

# THE HORN

## A Few of my Favourite things..

It doesn't matter where you live, or what you do, sometimes we all need a bit of cheering up. Even if you live the "perfect" life, chances are that you are going to find yourself down in the dumps at some point. Luckily, an optimistic chap from Canada called Neil Pasricha, describing himself as "a boring guy who works in an office and eats frozen microwave suppers" was having a bit of a rubbish year, and decided to do something about it and lo, "1000awesomethings" was born.

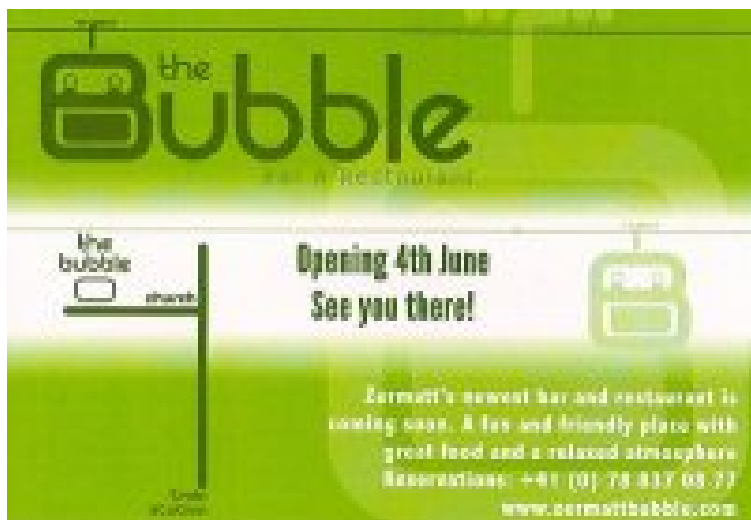
You may think that this list all about "the smell of freshly baked bread" or "seeing a sunrise" but Neil has managed, in fact, to post a different happy event on his website every day since June 2008, and some of them are pretty eclectic: the joy of the new supermarket queue, of seeing one's luggage arrive after a long flight, or putting on warm underwear straight out from the dryer.. Kitschy and American it may be, but it doesn't fail to elicit the same shared glow. Inspired by this blog, I thought it would be a "good thing" to list some of my awesome Zermatt related things. So, apologies in advance for the slight goeyness but hey, there's nothing wrong with a bit of goo from time to time:

1. The first scent of autumn
2. A perfectly frothed latte (thank you Hayley)
3. Fresh tracks in the village
4. Fresh tracks on the mountain
5. Getting a bubble all to yourself, all the way up

I am sure there are hundreds of others, and we want to hear yours - so if you are feeling that warm glow deep down, share it with us on the Facebook page.

Meanwhile, we hope you enjoy the August edition, Lucie P has managed to drag herself from the suburbs of birthday hangovia to bring us the latest goings on, there's mountain news a-plenty in the Natives news update, and

looks like you birthday Leos are in for a stonking month...!



## Where Climbers & Skiers Meet...

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Summer isn't over yet!

19th Aug Crayfish Party

25th Aug Quiz Night

Every Thursday is Ping Pong Tournament Night!

Come and enjoy a pizza and a pint!



## Quotes overheard in Zermatt...

**" Not only do the Swiss speak a different language, but their sign language is different as well...!"**

If you have heard similarly classic/disturbing lines around town, why not share the laughter and post them on our facebook page "The Horn" and we'll all have a chortle.

## Girl about town... Ear to the ground, eye on the balls

Good day fellow degenerates! Before I start I would like to say a big thank you to all of you for my birthday hugs, drinks and kisses, most appreciated and I cannot lie, I felt dead popular.

Time to update the social calendars, a new month and a some new things to add. Due to getting told off for writing too much (not that I have ever been accused of talking too much), I'm going to have a go at bullet pointing the events without going on for too long, so here we go:

- The North Wall: Quiz on every other Wednesday, the next one is the 11th. Banging pizza and slack line and ping pong on the roof, watch out for Chris' latest movies, always a good watch
- The Papperla: Poli's still cooking up some mean raclette on a Monday on the terrace and the boys will be there with smiles.
- Nelly's: Have you had curry there yet??? If not you are going wrong somewhere, personal recommendation of the Thai Duck, beware though if you here a cry of "let's get on it!" coming from the kitchen, also be at his stand on the 8th for Ugly parade.
- The Schnee: DJ Skay is turning the tables on Saturdays and keep your eyes peeled for posters around town with any crazy parties coming up.
- The Boat: Nis has the biggest selection of tunes going on underground on a Friday night, plus Louis has a knack at making sushi, definitely worth a trip down to see, the roofs open, the cocktails are flowing and it's all going a bit Greek on the 21st and 22nd, Ouzo, plate throwing, big buffet but you're gonna have to book guys.
- Sparky's: Graham's showing off his culinary skills and Sparky as per usual has the beer, the extreme vids and the smiles.
- Potters: With the weather carrying on like this the hangover fry up is a definite should do, with vats of coffee and chats with friends.

- The Stafelalp: IS OPEN! Cycle up, cycle down, walk, jog, but however you get there, the food is kicking the proverbial, the new sun terrace can steal hours from you as you catch the rays and then watch one of the best sunsets there is. Definitely one of the best ways to see in the end of the summer.
- The Bubble: Glenn's got fish and chips going over every weekend now, the mushy peas are divine, and the 29th (last Sunday of the month) hosts a big roast dinner from 6.30 with all the trimmings. On the party front, call in and check out the boards to see what the boys are going to do, being the kings of impromptu, they couldn't tell me as yet.

So, calendar topped up, what's been happening in and around our little slice of heaven? Well, most notorious was the foam party. A massive success and two nights of pure hilarity! A mass of foamy limbs sticking out of the dance floor, the staff getting everyone going, random kissing, lost clothes, true madness. It's amazing how a little bit of foam can make everyone's inhibitions fly out of the window.

What happened last Tuesday, are we beyond being able to sit together in a group of more than five people without a bottle of vodka appearing? Two bottles of gin, four bottles of vodka lately and it just wasn't going to end well. Dear Coote declared he was in trouble when Nelly was tipsy, this revelation hit him somewhere between the Pap and the Bubble, a time frame he now has no recollection of.

Isn't town booming!?! Every where you turn there is a fresh batch of tourists stopping dead in their tracks as you walk behind them, poking you with walking poles, and the children! Everywhere! Zermatt's turned into a bloody Durex advert.

Climbing, walking, skipping, jumping, you're all still at it. Football's on the go on a Wednesday evening, find Dan S for details, when the weather gets better the volleyball will be going on, and if you do get bored you just have to look around to be inspired for a walk. If you don't have much time, go see Seb at the Champagne bar, perfect for chilling and hiding from the hordes of sheep-like humans arriving daily on the big, red sunshine train.

Argh, am nearly over word limit again! So quick, commiserations to Laurie for not being Edward Whympier again this year, he said he doesn't care but we know you're crushed babe. An early congratulations to Hugh and Helena whose baby should appear at the latest next week. And the capital of Thailand is Krungthep Maha Nakorn, Rattanakosindra. Mahindrayudhya, Mahadilokopop Noparatana Rajdhani Mahasathan, Amorn Piman Avatarn Satit, Sakkatultiya Vishnukarn Prasit.... that's bugged the word limit..... So see Sparky if you got it right. The question for this month's nachos and beer jug is: what are you likely to see according to the title of the walking route no. 28 in Zermatt?

And finally, did you know James Bond's mother was Swiss? Must dash, but remember - Wisdom is accepting that some days you're the pigeon and some days you're the statue xxxxx

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## Horoscopes

Capricorn: 22nd Dec—19 Jan

My gift to you is this wisdom: he who makes love at awkward angle, gets back problems for next day.

Aquarius: 20 Jan—18 Feb

Sweetheart is just another ugly word you learned from greetings cards. Start to think of better ways to woo your beloved.

Pisces: 19 Feb—20 Mar

You'll be surprised, shocked and either intimidated or aroused. However you feel will determine the mood for the weekend.

Aries: 21 Mar—19 Apr

Spank yourself silly today because you're been VERY VERY bad.

Gemini: 21 May—20 Jun

The music you have been listening to has been tainted by the devil – best get some Britney on quick!

Taurus: 20 Apr—20 May

Dank inhospitable service station toilets may turn out to be your best friend today.

Cancer: 21 Jun—21 Jul

Only love can break your heart, but trans-fatty acids will have a damn good try.

Leo: 22 Jul—22 Aug

Charity work is bang on trend just make sure everyone sees you drop that pound into the smelly beggar's paper cup.

Virgo: 23 Aug—22 Sept

Placing your mouth around the exhaust of a car stuck in traffic is bound to cause more traffic problems than it solves.

Libra: 23 Sept—22 Oct

If you feel like you need a change, start with the underwear and work from there. Clean pants, clean mind.

Scorpio: 23 Oct—21 Nov

Mischief waits round every corner, especially on planes .. but don't let the air steward catch you.

Sagittarius: 22 Nov-21 Dec

Opportunity waits round every corner. All you've got to do is catch up with him, put him in a box and beat him with sticks, wear a Mel Gibson mask so no one suspects you.

## SKI NEWS BROUGHT TO YOU BY natives.co.uk the season workers' website

- Glacier Express train from Zermatt to St Moritz derailed on 23<sup>rd</sup> July and killed one 64 Japanese female passenger and injured 42 others near Fiesch – it's the first fatality in the 80 year history of the train. The cause of the derailment is as yet unknown.
- Sherpas tackle Everest 'death zone' rubbish dump. A team of 20 Nepalese climbers has braved the heights of Everest's "death zone" to remove rubbish left by explorers. Many Nepali and foreign climbers have tried to clean up the mountain in the past but Namgyal Sherpa, leader of the Extreme Everest Expedition 2010, said no one had dared to clean above 8,000 meters (26,246 feet) before. The team filmed its expedition before showing footage to the Nepalese Tourism Board, to illustrate how junk is becoming exposed as global warming causes snow to melt.
- In less than 12 months the venue for the 2018 winter Olympics will be decided. The finalists are Munich, Annecy, Pyeong Chang, Garmisch and Chamonix.
- Tom Hardy, one of the stars of the current Inception film has revealed that he needed a two day "crash" course in skiing to film the snow sequences. He had no prior ski experience and was sent to the now defunct Canadian resort of Fortress mountain for his lessons. The set for the snow sequence was entirely built for the film outside Calgary to Nolan's specifications.



Not a sight you ever want to see.. A Swiss train off the rails...

Check out this issue of the Horn now also on [www.natives.co.uk](http://www.natives.co.uk)

## What's on in the next month in Zermatt and beyond

Sun 1. Aug	Mon 2. Aug	Tues 3. Aug	Wed 4. Aug	Thurs 5. Aug	Fri 6. Aug	Sat 7. Aug
<b>Swiss National Day Potters</b> 1345 Hungarian Grand Prix 1400 Mönchengladbach v Liverpool 1630 Eintracht Frankfurt v Chelsea	<b>Triftbachhalle</b> 1930 Kickboxing 1930 Step & Toning	<b>Happy Birthday!! Lucie Pulling Tourist Office</b> 1630 Guided Village Tour <b>Gornergrat</b> 1912 Sunset Dinner <b>Triftbachhalle</b> 2000 Aroha <b>Potters</b> 2030 UEFA Champs League	<b>Happy Birthday!! Jake (Frank) Gough Potters</b> 1800 Hamburg v Chelsea 2045 Borussia Dortmund v Man City <b>Schulhaus im Hof</b> 2000 Pelvic Floor Training	<b>Gornergrat</b> 0430 Sunrise Breakfast <b>Hotel Alex</b> 0900 Yoga every Thurs <b>Potters</b> 1900 UEFA Champs League <b>Schulhaus im Hof</b> 2000 Power Yoga & Pilates <b>Triftbachhalle</b> 2000 Core Muscle Workout		<b>Potters</b> 1415 Rangers v Newcastle Utd 1600 Legia Warsaw v Arsenal 1815 Leeds Utd v Derby County 2000 Manchester City v Valencia
Sun 8. Aug	Mon 9. Aug	Tues 10. Aug	Wed 11. Aug	Thurs 12. Aug	Fri 13. Aug	Sat 14. Aug
<b>Zermatt Folklore Festival Happy Birthday!! Anina Ladrach</b>	<b>Happy Birthday!! Jack Hurrell Triftbachhalle</b> 1930 Kickboxing 1930 Step & Toning <b>Potters</b> 2030 Stevenage Borough v Portsmouth	<b>Happy Birthday!! Jenna Barron Bahnhofstrasse Tourist Office</b> 1900 Street Party 1630 Guided Village Tour <b>Gornergrat</b> 1912 Sunset Dinner <b>Potters</b> 2030 Chesterfield v Middlesbrough	<b>Triftbachhalle</b> 1930 Kickboxing <b>Schulhaus im Hof</b> 2000 Pelvic Floor Training <b>Potters</b> 2100 England v Hungary	<b>Gornergrat</b> 0430 Sunrise Breakfast <b>Hotel Alex</b> 0900 Yoga every Thurs <b>Schulhaus im Hof</b> 2000 Power Yoga & Pilates <b>Triftbachhalle</b> 2000 Core Muscle Workout		<b>Happy Birthday!! Clint Harris Volleyball Pitch</b> Beach Volleyball Tournament <b>Potters</b> 1530 Aston Villa v West Ham 1745 Chelsea v West Brom
Sun 15. Aug	Mon 16. Aug	Tues 17. Aug	Wed 18. Aug	Thurs 19. Aug	Fri 20. Aug	Sat 21. Aug
<b>Happy Birthday!! Mark Zimmerman</b>	<b>Triftbachhalle</b> 1930 Kickboxing 1930 Step & Toning <b>Natives Surf and Cook Coures</b> North Devon	<b>Tourist Office</b> 1630 Guided Village Tour <b>Gornergrat</b> 1912 Sunset Dinner <b>Triftbachhalle</b> 2000 Aroha <b>Potters</b> 2030 UEFA Champs League	<b>Happy Birthday!! Tom Cloke Steph Aeby Triftbachhalle</b> 1930 Kickboxing <b>Schulhaus im Hof</b> 2000 Pelvic Floor Training <b>Potters</b> 2030 UEFA Champs League	<b>Happy Birthday!! Donna Tait James Stewart-Hunter Gornergrat</b> 0430 Sunrise Breakfast <b>North Wall</b> Crayfish Party <b>Triftbachhalle</b> 2000 Core Muscle Workout <b>Potters</b> 2030 UEFA Champs League	<b>Happy Birthday!! James Bradley</b>	<b>Matterhornlauf Potters</b> 1530 Arsenal v Blackpool
Sun 22. Aug	Mon 23. Aug	Tues 24. Aug	Wed 25. Aug	Thurs 26. Aug	Fri 27. Aug	Sat 28. Aug
<b>Matterhornlauf</b>	<b>Triftbachhalle</b> 1930 Kickboxing 1930 Step & Toning <b>Natives Ticket to Ride Cookery Course</b>	<b>Happy Birthday!! Laura Hodd Tourist Office</b> 1630 Guided Village Tour <b>Gornergrat</b> 1912 Sunset Dinner <b>Triftbachhalle</b> 2000 Aroha <b>Potters</b> 2030 UEFA Champs League	<b>Happy Birthday!! Lou Davidson Tourist Office</b> Hiking for Connoisseurs <b>Triftbachhalle</b> 1930 Kickboxing <b>North Wall</b> Quiz Night <b>Schulhaus im Hof</b> 2000 Pelvic Floor Training <b>Potters</b> 2030 UEFA Champs League	<b>Gornergrat</b> 0430 Sunrise Breakfast <b>Tourist Office</b> Hiking for Connoisseurs <b>Triftbachhalle</b> 2000 Core Muscle Workout <b>Potters</b> 2030 UEFA Champs League <b>Schulhaus im Hof</b> 2000 Power Yoga & Pilates	<b>Happy Birthday!! Raphael Sigrist Tourist Office</b> Hiking for Connoisseurs	<b>Happy Birthday!! Adam Steadman Tourist Office</b> Hiking for Connoisseurs <b>Potters</b> 1400 Liverpool v West Brom 1830 Man Utd v West Ham Utd
				<b>Sun. 29. Aug</b> <b>Potters</b> 1345 Belgian Grand Prix <b>Bubble</b> The Big Roast Dinner	<b>Mon 30. Aug</b>	<b>Tues 31. Aug</b> <b>Happy Birthday!! Hari Williams Tourist Office</b> 1630 Guided Village Tour